

Autumn term – Week 3

Food allergies and intolerances – please speak to a member of the catering team about your requirements

**Wednesday**

**Main 1**

Lamb Rogan Josh served with rice, naan bread, poppadoms and mango chutney

**Main 2 (V)**

Vegetable Samosas served with rice, naan bread, poppadoms and mango chutney

**Jacket potatoes (GF) with**

Baked beans

Tuna Mayonnaise

Grated Cheese

**Salad bar**

**Selection of breads**

**Dessert**

Fruit Tart served with Ice Cream

Fresh fruit

Yoghurt

**GF/DF/SF options**

**Friday**

**Main 1**

Crispy Battered Cod served with French fries, peas, mushy peas or baked beans **GF/DF options**

**Main 2 (V)**

Crispy Battered Vegetable Sticks served with French fries, peas, mushy peas or baked beans

**GF/DF options**

**Jacket potatoes (GF) with**

Baked beans

Tuna Mayonnaise

Grated Cheese

**Salad bar**

**Selection of breads**

**Dessert**

Homemade Chocolate Chip Muffins

Fresh fruit

Yoghurt

**GF/DF/SF options**

**Thursday**

**Main 1**

Roast Beef served with Yorkshire pudding, roast potatoes, carrots, broccoli and cauliflower cheese **GF/DF options**

**Main 2 (V**)

Homemade Cheesy Yorkshire Pudding served with roast potatoes, broccoli, carrots and cauliflower cheese **GF/DF options**

**Jacket potatoes (GF) with**

Baked beans

Tuna Mayonnaise

Grated Cheese

**Salad bar**

**Selection of breads**

**Dessert**

Apple and Mixed Berry Crumble served with custard

Fresh fruit

Yoghurt

**GF/DF/SF options**

**Monday**

**Main 1**

Meatballs in a homemade tomato and roast pepper sauce served with spaghetti, dough balls and vegetable sticks **GF/DF options**

**Main 2 (V)**

Spaghetti in a homemade roasted pepper and tomato sauce served with dough balls and vegetable sticks **GF/DF options**

**Jacket potatoes (GF) with**

Baked beans

Tuna Mayonnaise

Grated Cheese

**Salad bar**

**Selection of breads**

**Dessert**

Homemade Cherry Shortbread

Fresh fruit

Yoghurt

**GF/DF/SF options**

**Tuesday**

**Main 1**

Homemade Chicken Nuggets served with diced potatoes, peas and sweetcorn

**GF/DF options**

**Main 2 (V)**

Crispy Vegetarian Nuggetsserved with diced potatoes, peas and sweetcorn **GF/DF options**

**Jacket potatoes (GF) with**

Baked beans

Tuna Mayonnaise

Grated Cheese

**Salad bar**

**Selection of breads**

**Dessert**

Homemade Strawberry Gateau

Fresh fruit

Yoghurt

**GF/SF/DF options**