 Autumn term – Week 1

**Name:**

**Form:**

**Food allergies and intolerances – please speak to a member of the catering team about your requirements**

**Friday**

**Main 1**

Hot Dogs served with fried onions, French Fries and Baked Beans

**GF/DF options**

**Main 2 (V)**

Crispy Battered Vegetable Sticks served with French fries and peas, mushy peas or baked beans

**Jacket potatoes (GF) with**

Baked beans

Tuna Mayonnaise

Grated Cheese

**Salad bar**

**Selection of breads**

**Dessert**

Choc Ice

Fresh fruit

Yoghurt

**GF/DF/SF options available**

**Thursday**

**Main 1**

Roast Chicken served with roast potatoes, homemade stuffing, carrots, broccoli and roast parsnips **GF/DF options**

**Main 2 (V**)

Homemade Roast Butternut Squash Quiche served with roast potatoes, homemade stuffing, carrots, broccoli and roast parsnips

**Jacket potatoes (GF) with**

Baked beans

Tuna Mayonnaise

Grated Cheese

**Salad bar**

**Selection of breads**

**Dessert**

Homemade Jam Sponge served with custard

Fresh fruit

Yoghurt

**GF/SF/DF options**

**Tuesday**

**Main 1**

Fish Fingers served with creamy mashed potatoes, peas and sweetcorn **GF/DF options**

**Main 2 (V)**

 Crispy potato pie filled with Red Leicester, Cheddar, spring onion and tomato served with peas and sweetcorn

**Jacket potatoes (GF) with**

Baked beans

Tuna Mayonnaise

Grated Cheese

**Salad bar**

**Selection of breads**

**Dessert**

Homemade Eton Mess

Fresh fruit

Yoghurt

**GF/SF/DF options available**

**Wednesday**

**Main 1**

Chilli Con Carne with rice, nachos, guacamole, salsa and sour cream served with mixed vegetables

**GF/DF options**

**Main 2 (V)**

Three Bean Chilli with rice, nachos, guacamole, salsa and sour cream served with mixed vegetables

**Jacket potatoes (GF) with**

Baked beans

Tuna Mayonnaise

Grated Cheese

**Salad bar**

**Selection of breads**

**Dessert**

Homemade Caramelised Banana and Chocolate Galette served with Ice Cream

Fresh fruit

Yoghurt

**GF/SF/DF options available**

**Monday**

**Main 1**

Homemade Beef Bolognaise served with linguine, dough balls and salad sticks **GF/ DF options**

**Main 2 (V)**

Linguine in a mushroom and spinach cream sauce served with dough balls and salad sticks **GF option**

**Jacket potatoes (GF) with**

Baked beans

Tuna Mayonnaise

Grated Cheese

**Salad bar**

**Selection of breads**

**Dessert**

Homemade Chocolate Rice Krispie Cakes

Fresh fruit

Yoghurt

**GF/SF/DF options available**